#### Children and youth with special healthcare needs and their families

The Special Kids Network Helpline – 1-800-986-4550

- Advocacy for special healthcare needs
  - o <u>Allegheny County Family Resource Guide</u> [Select 'Resources for Neighboring Counties' link. Referrals are under 'BEAVER COUNTY'.]

Publicly-Funded Programs. Free developmental evaluation, birth to age three.

Beaver County Behavioral Health & Developmental Services

1-800-400-6180 and 724-775-5208

Do you or someone you know need assistance with a mental health crisis? If so, please call the helplines to get help. Someone is available 24 hours a day, seven days a week to assist you, your friends or family.

The Arc of Pennsylvania

[Website link]

The largest advocacy organization in the United States for people with intellectual and developmental disabilities containing 34 local chapters serving 56 counties across Pennsylvania.

o Beaver County Collaborative Action Network

[Website Link]

Improving Beaver County Through Collaboration, Cooperation, Networking, and Information.

Resources and referrals for various services are listed throughout the website. See 'Bookshelf' link for referrals for Special Needs.

o <u>Juvenile Law Center</u> [Select Beaver County then 'Advocacy and Legal Services' or 'Disability Rights and Special Needs Resources'.]

Advancing the rights and well-being of children in jeopardy.

1-888-864-6393

Advocacy and Legal Services

- Community Resources For Independence, Inc. See website under "Office Information "for contact information. Offers independent living services to people with disabilities along with accessibility education, waiver information, independent living services, attendant care service coordination, assisting technology, and information and referral
- <u>Disability Options Network</u>
   DON provides services for individuals with physical disabilities such as independent living skills training, peer support, advocacy, information and referral
- Pennsylvania Bar Association Lawyer Referral Service 1-800-932-0311
   Pennsylvania Bar Association Lawyer Referral Service matches clients to a
   Pennsylvania lawyer in a specific area of law.
- Office Of Vocational Rehabilitation 1-800-541-0721 or 814-871-4551
   OVR provides assistance with obtaining and maintaining employment to individuals with disabilities.
- Special Kids Network
   800-986-4550

   Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination.

Disability Rights Network Of Pennsylvania
 Pittsburgh: 412-391-5225

Harrisburg: 717-236-8110; Philadelphia: 215-238-8070

Provide legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.

Developmental Disabilities Advocacy Network

1-800-692-7443

The Developmental Disabilities Advocacy Network provides information on disability programs and services in communities nationwide. All services are at no cost.

PA Client Assistance Program

888 745-2357 or 800-323-6060

PA's Client Assistance Program is an advocacy program for people with disabilities seeking services in employment and housing

LGBT Youth in Crisis Hotline

800 246-7743

Youth serving youth through age 25. Peer counseling, information, and local resources.

Gay, Lesbian, Bisexual, and Transgender Helpline

888-843-4564

The Gay, Lesbian, Bisexual, and Transgender Hotline provides telephone and email peer counseling, as wells as factual information and local resources for cities and towns across the United States.

#### Disability Rights and Special Needs Resources

available services and waiver funding.

- Pennsylvania Families Incorporated
   See website for contact information.

   PFI is a resource database that that empowers PA families of children with special needs by linking them to support and information.
- Social Security Administration
   National: 1-800-772-1213

Local office where individuals can apply for Social Security benefits

- Bureau of Blindness and Visual Services
   Provides Services to assist individuals
   Who are blind or visually impaired in areas of specialized children services, finding employment, starting a business, gaining independent living skills
- Bureau of Autism Services
   Bureau of Autism Services is a department within the Department of Public
   Welfare specifically addressing the needs, issues and concerns of people with Autism Spectrum Disorders in Pennsylvania. BAS provides information on
- County MH/MR/DS [Please see website listed for contact information.]
  The Home and Community Services Information Systems offers a directory of all of PA's county MH/MR/DS. The Office of Mental Health/Mental Retardation/Mental Development administers services and programs for individuals with mental and developmental disabilities
- Northwest Human Services Please see website under "locations" for contact information. Toll-Free: 1-888-647-0020

NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.

Good Will Industries

[Website Link]

Good will Industries provides supported employment program for adults with disabilities.

- Lifesteps, Inc. Beaver County Program Center: 724-774-6494 Lifesteps provides services such as residential living and day programs for adults with developmental disabilities with community homes and life sharing in seven counties
- Supportive Services, Inc.
   Supportive Services, Inc. offers supportive housing program for mental health consumers.
- Beaver County Rehabilitation Center (BCRC) New Brighton: 724-847-1306 Prepares individuals with disabilities (physical, mental, co-occurring) for the workforce. Also, has services specially designed for those who are deaf and hard of hearing.
- Harbor Point Housing

  Harbor Point Housing

  Harbor Point Housing enables persons with mental health issues to live on their own by providing help with finding housing and by assisting with basic tasks such as grocery shopping. Programs include Community Residential Rehabilitation, Young Consumer, Melrose Place, Stone Harbor
- Pennsylvania Association For The Blind Refer to website under "Local Agencies" for complete list of locations and phone numbers. Providing services to prevent, prepare for, and manage vision loss with programs and services for both children and adults such as vision screenings, residential and vocational rehabilitation, transportation, transitional and Braille instruction, information and referral, support and advocacy.
- National Runaway Switchboard 1-800-786-2929 Toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referral for shelter, counseling, medical and legal services and transportation back home.
- o <u>Kaleidoscope Family Solutions Inc.</u> Autism, IDD & Behavioral Team 877-384-1729; Kaleidoscope Family Services (KFS) is School Division: 800-908-0546 a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
  - KFS Behavioral Therapeutic Services
  - KFS Autism Services
  - KFS Intellectual and Developmental Disabilities Services
  - KFS School Staffing Services
  - KFS Training Services
- o <u>Pennsylvania Elks Home Service Program</u> [See phone numbers below]
  If referral is for a child under 21 please call 1-800-986-4550 if over 21 please call
  Pat O'Connor at 814-781-7860 or Margie Wood at 724-225-1395. Providing
  support and advocacy services to individuals who have a developmental
  disability.
- Assistive Technology
  - o Allegheny County Family Resource Guide

Website link

[Select 'Family Support' link then select 'Assistive Technology' link. Referrals are under Allegheny County.]

Assistive technology is the name for the wide range of technology that helps individuals perform functions that might be otherwise difficult or impossible.

- O The Arc/ACHIEVA [Select 'Resources' link on main page then select 'Assistive Technology and Accessibility' link.] 724-775-1602

  ACHIEVA, serving southwestern Pennsylvania, has led the way in protecting the rights of and promoting opportunities for children and adults with disabilities
- o <u>Pennsylvania Assistive Technology Foundation</u> [Webpage Resource] 888-744-1938 Foundation's mission is to provide financing opportunities to people with disabilities and older Pennsylvanians helping them to acquire the assistive technology devices and services that improve the quality of their lives.
- o <u>Pennsylvania Care Planning Council</u> Butler: 724-282-6060 Pennsylvania Community Disability, Assistive Technology, & Transportation Services
- Three Rivers Center for Independent Living Pittsburgh: 800-633-4588 ext. 140 Counties Served: Allegheny, Armstrong, Beaver, Butler, Indiana, Lawrence, Westmoreland

Three Rivers Center for Independent Living (TRCIL) is a non-residential, non-profit, community-based human service organization. Our purpose is to assist people with disabilities to lead self-directed and productive lives within the community. TRCIL is a Center for Independent Living (CIL), as defined from Section 702 of the Rehabilitation Act of 1973, as amended.

For questions regarding Assistive Technology services contact: 412-371-7700 or TTY 412-371-6230.

- · Counseling for special healthcare needs
  - Catholic Charities of the Diocese of Pittsburgh Beaver County: 724-775-0758
     Counseling for various family needs. Some services are funded via government or private grants.
  - o <u>The Substance Abuse and Mental Health Services Administration (SAMHSA)</u> online provider locator and telephone hotline 1-800-662-4357

The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a Behavioral Health Treatment Locator through which the user can search for a provider by address or zip code. The agency also offers a National Helpline which provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week at 1-800-662-HELP (4357) or 1-800-487-4889 (TDD).

- Dav Care
  - o Pennsylvania Department of Human Services

1-800-692-7462

Child Care and Early Learning services.

- Child Care Works Subsidized Child Care: 800-322-8504; 724-847-0145 If your household income is no more than twice of the FPIG and your child is 13 or younger and you are a working parent or you are going to school.
- Pre-school Programs 1-866-214-5437
  If your household income is no more than the FPIG and your child is five years old or younger.

- Early Intervention
  - o Allegheny County Family Resource Guide

[Select 'Resources for Neighboring Counties' link. Referrals are under 'BEAVER COUNTY'.]

Publicly-Funded Programs. Free developmental evaluation, birth to age three.

The Arc/ACHIEVA

724-775-1602

ACHIEVA, serving southwestern Pennsylvania, has led the way in protecting the rights of and promoting opportunities for children and adults with disabilities

o Easter Seals Western and Central Pennsylvania

412-281-7244

Easter Seals Western and Central PA is committed to providing exceptional programs and services for children with disabilities or other special needs.

- o <u>Behavioral Health and Developmental Services</u> 1-800-400-6180 and 724-847-6229
  Beaver County Behavioral Health and Developmental Services (formerly known as
  Beaver County MH/MR/D&A/HC) is charged with the responsibility to encourage a
  seamless system of care that is accessible, continuously available and emphasizes health
  promotion, prevention, early intervention, resiliency, recovery and rehabilitation.
- o PA Department of Education Early Intervention Program 1-800-692-7288

  The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.
- O Pennsylvania Department of Human Services Early Intervention Services Website

  While all children grow and develop in unique ways, some children experience
  delays in their development. Children with developmental delays and disabilities
  benefit from the Pennsylvania Early Intervention program, a state supported
  network of parents, service practitioners, and others which builds upon the natural
  learning opportunities that occur within the daily routines of a child and their family.
- Health Insurance

o <u>CHIP</u>

[Web Page link] 1-800-986-KIDS (5437)

Pennsylvania's Children's Health Insurance Program.

Covers all uninsured PA kids under 19.

- o <u>COMPASS</u> [PA Dept. of Human Services benefits online application Web Page link] [Select Apply for Any Benefits link to begin.]
- o Help with Medicare

APPRISE

1-800-783-7067

A free health insurance counseling service for individuals 60 and over.

Beaver County Area Agency on Aging, APPRISE

724-728-7707

Medicare Part D

[Website link]

Information about the Part D prescription drug benefit available to individuals enrolled in Medicare.

o HealthCare.gov [Federal Health Insurance Enrollment Website] 1-800-318-2596

#### o HealthChoices [Website]

HealthChoices will provide low-income Pennsylvanians with the opportunity to purchase private health insurance at affordable rates through a network of eight insurance private insurers, offering three or more health insurance plan options per region. Coverage will begin Jan. 1, 2015. Apply online at <a href="https://www.COMPASS.state.pa.us">www.COMPASS.state.pa.us</a> and learn more at <a href="https://www.healthypa.com">www.healthypa.com</a>.

- Medical Assistance (MA) [PA Department of Human Services Web link.]
   Health care services for eligible individuals.
- o Pregnancy Insurance
  - Presumptive Eligibility [Eligible uninsured pregnant woman should register with Dept. of Human Services, COMPASS and Medical Assistance (MA).] Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.
  - Maternity Insurance.org [Website link]
  - Pennsylvania-Health-Coverage.com [Website link] 1-866-589-6215
     Compare affordable maternity health insurance options.
- o Resource Guide to Healthcare Options in Pennsylvania

For Children, Adults, and Seniors

The Pennsylvania Office of Rural Health, Pennsylvania State University

#### Housing

#### o Beaver County Collaborative Action Network

[Website Link]

Improving Beaver County Through Collaboration, Cooperation, Networking, and Information.

Resources and referrals for various services are listed throughout the website. See 'Housing' link for housing referrals.

o Beaver County Community Services Program

Beaver Falls: 724-770-2040

The Community Services Program of Beaver County is part of a nationwide community services network. This network is made up of more than 1,150 local, private and non-profit and public agencies that work to eliminate poverty and empower low-income people and families in communities throughout the United States.

The Homeless Assistance Program makes available a continuum of services to persons who are homeless or at risk of becoming homeless. The services may include: Emergency Shelter, Case management, Transitional housing, Rental assistance, and Information and referral.

o <u>Catholic Charities Diocese of Pittsburgh</u> – Beaver County

724-775-0758

Serving individual and family human needs. Resources listed in 'Services' link. Help with rental assistance through FEMA (Federal Emergency Management Act) when funds are available and referrals to other social service agencies to address needs for services not provided by Catholic Charities.

All calls are free and confidential.

o Juvenile Law Center [Beaver County.]

Advancing the rights and well-being of children in jeopardy.

1-888-864-6393

#### Housing

- O <u>HUD</u> Pittsburgh: 412-644-6428; Philadelphia: 215-656-0500 HUD is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs.
- O Pennsylvania Affordable Apartment Locator
  PAHousingSearch.com is a website in which affordable housing can be searched and located within in PA.
- O Northwest Human Services

  NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
- O Catholic Charities Diocese Of Pittsburgh
  Pittsburgh: 412-456-6999; Butler: 724-287-4011; Waynesburg: 724-627-6410
  CCDP is a social service agency offering services in housing, adoption, counseling, safety and stability, health care for the uninsured, housing and homeless, pregnancy and parenting, refugee and senior services. For housing, mainly serving residents of Butler County, programs such as Safe Harbor Program, HOPE Program, PATH Transitional-Age Project for Young Adults and
  St. Joseph's House of Hospitality are offered, serving individuals with supportive and transitional housing with a shelter up to two months. For additional information, please
- refer to <a href="www.ccpgh.org">www.ccpgh.org</a> to contact CCPGH at <a href="mailto:info@ccpgh.org">info@ccpgh.org</a>.

  o <a href="mailto:Fair Housing/Equal Opportunity at HUD">Fair Housing/Equal Opportunity at HUD</a>
  Pittsburgh: 412-644-5449
  Hotline service for individuals to report incidences of housing discrimination.
- O Making Homes Affordable 888-995-4673

  National nonprofit organization aiming to prevent home foreclosure and reduce monthly payments for eligible individuals and families

#### Shelters

o City Rescue Mission

City Rescue Mission is a Christian ministry providing services in housing, food banks, and spiritual services. Shelters for both men and women/children are provided in which food and shelter is offered from 1-90 days with counseling and recovery.

New Castle: 412-652-4321

O Covenant House

New Castle: 724-652-4349

City Rescue Mission provides a shelter for homeless women and families. Fam

City Rescue Mission provides a shelter for homeless women and families. Families may be accepted if they have proof of marriage and all shelter guests are required to participate in daily devotions, bible studies and spiritual counseling.

- O Women's Center of Beaver County 724-775-0131
  Services for victims of domestic violence and or sexual assault- emergency shelter (up to 30 days) and transitional housing, 24 hour hotline, counseling services, legal and medical advocacy.
- O <u>Crossroads Shelter Program</u> New Castle: 724-652-4321 ext. 116 The Mission's Crossroads Program provides men shelter, food and casework for up to 90 days.
- Transitional Housing
  - o <u>Lifesteps, Inc.</u> Beaver, PA: 724-774-6494; Butler, PA: 724-283-1010 Lifesteps provides services such as residential living and day programs for adults with developmental disabilities with community homes and life sharing in seven counties.

- O <u>Supportive Services, Inc.</u>
  Supportive Services, Inc. offers supportive housing program for mental health consumers.
- O Harbor Point Housing
  Harbor Point Housing enables persons with mental health issues to live on their own by providing help with finding housing and by assisting with basic tasks such as grocery shopping. Programs include Community Residential Rehabilitation, Young Consumer, Melrose Place, and Stone Harbor.
- O Northwestern Human Services

  NHS is a community-based, nonprofit, human services provider offering social services to individuals with mental, developmental and intellectual disabilities, individuals dealing with addiction, seniors and juveniles. Residential services for individuals with mental, developmental and intellectual disabilities include Community Homes, Life Sharing, Transitional Housing, and Supported Living.
- Women's Center Of Beaver County
   Services for victims of domestic violence and or sexual assault- emergency shelter (up to 30 days) and transitional housing, 24 hour hotline, counseling services, legal and medical advocacy
- Beaver County Housing Authority

  HACB offers affordable living for families and elderly residents who want safe, decent housing in Beaver County. Call, apply online or stop by our office today!
- Health Waiver Programs
  - O Medicaid Waivers for Children under 21:
    - Attendant Care/Act 150
       Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.
    - Community Services Program for Persons with Physical Disabilities/<u>OBRA Waiver</u> Long-Term Living Helpline, 1-800-753-8827 Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).
    - Consolidated Waiver for Individuals with Mental Retardation
       Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
    - Person/Family Directed Support Waiver
       Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
    - Community Services Program for Persons with Physical Disabilities/<u>Independence Waiver</u> Long-Term Living Helpline, 1-800-753-8827 Provides services to individuals 18 and older with severe physical disabilities to allow them to live in the community and remain as independent as possible.
    - Infant, Toddlers, and Families Waiver
       Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.

#### Respite Care

o ARCH National Respite Network

[Website]

for help with the Respite Locator Service please contact Mike Mathers at: <a href="mmathers@chtop.org">mmathers@chtop.org</a> or by phone at 1-919-490-5577.

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.

Community Living and Support Services (CLASS)

[Select 'How We Help' link

then select 'Alliance for Community Respite Care'.]

The Alliance for Community Respite Care

Respite Care Providers:

Children

CareBreak-Watson Institute

412-749-2863

Gift of time and energy given for a few hours a week by a volunteer to a family caring for a child (birth to 16) with special needs.

Day and Overnight Respite Program-Watson Institute

412-749-2862

Child's Way-Children's Home of Pittsburgh

412-365-6065

Pediatric specialty hospital. Respite care offered for parents able to pay through third party providers.

Continuum Pediatric Nursing-Pittsburgh

412-851-8550

In home nursing

Maternal Child Health

412-885-0184 or 800-365-1367

Pediatric Services of America (Nursing Home Care)

412-322-4140

PSA Healthcare nurses work with the

800-331-1916

family to build confidence and create and implement care plans that support family involvement.

care plans that support ranning invo

412-243-3464

Care for children with emotional, behavioral, and developmental disabilities. In home support and relief to families.

Children and Adults

ACHIEVA

412-995-500 x 491 or 412-995-5000 x 476

Lifelong services for people with disabilities and their families.

Bayada Nurses

412-374-0110

Periodic relief for family members through respite services.

Care Unlimited

1-800-535-3747 (for Pittsburgh Region)

In home respite services.

1-800-828-1813 (for Erie Region)

Emmaus Community of Pittsburgh

412-381-0277

Permanent homes, respite care, in-home services, and advocacy for people with intellectual disabilities and autism

Maxim Healthcare Services

412-687-2838

Home Care and/or In-Home Nurses Respite Care
Mercy Behavioral Health

866-926-2946

recovery-oriented, community-based programs.

1-877-637-2924 412-253-1250

Passavant Memorial Homes

412-233-1230

private, non-profit, human services provider serving the entire western PA region. Programs include respite services.

Personal-Touch
 412-681-1044

Home health care and hospice services.

CLASS also provides referrals for respite services for Adults. Contact information is provided on their Alliance for Community Respite Care webpage.

- Special Education
  - o PA Bureau of Special Education Consult Line

1-800-879-2301

Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: http://odr-pa.org/contact-consultline/

o Intermediate Units in PA

[Website Link]

Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.

- Support Groups
  - o <u>Parent to Parent of Pennsylvania</u> [Select 'P2P Supports Groups' link]
    Linking families of children and adults with disabilities 1-888-727-2706
    or special needs.
  - O PA Families Incorporated info@pafamiliesinc.org 1-800-947-4941

    Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.

    Updated regularly.

Beaver County [Select 'Resources' link on main page then select desired County.]

Western PA Parents of Autism and Learning Differences (WPAL) [Website]
 An ABOARD Autism Connection of PA sponsored local parent support group. We network with understanding parents and professionals. We welcome anyone connected with Asperger's, Autism, PDD- NOS, ADHD, or Learning Differences. We meet locally and online to discuss real issues, resources and provide a place to relax and share our journeys without judgment.

#### Women who are or who might be pregnant The Healthy Baby Information Helpline – 1-800-986-2229

- Baby Supplies
  - Choices Pregnancy Services

Monaca, PA: 724-728-5550

At Choices Pregnancy Services you will find caring client advocates and medical staff who are ready to listen and offer assistance. You can trust us if you need someone to talk to. We want you to have accurate information on all of your available choices, in order for you to make the decision that is best for you. We are staffed with trained personnel who care about you and what you are going through. All of our services are completely free and confidential.

<u>Lifeline of Southwest PA</u>

Beaver, PA: 724-728-5651

Free pregnancy testing and counseling. Maternity and Baby needs. Referral agency. No cost.

#### Breastfeeding Guides

If you need more information call the Healthy Baby line at 800-986-BABY(2229).

- Pennsylvania Breastfeeding Referral Guide Arranged by County
  - Womenshealth.gov Breastfeeding Challenges Guide

800-994-9662

Information regarding common breastfeeding challenges

Office on Women's Health, US Department of Health and Human Services

#### Car Seats

Car Seat Safety

The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.

The PA Traffic Injury Prevention Project

Car Seat Loan Program by County - Information Hotline - 800-CAR-BELT
Training for school districts and companies 412-885-0266
on transporting children with special needs.

- National Highway Safety Transportation Administration 888-327-4236
   Information on car seat safety and installation inspection.
- National Easter Seal Society [phone listing]
   Referrals and information about car seats.

800-221-6827

Counseling

- O Catholic Charities Diocese of Pittsburgh Beaver County 724-775-0758

  Serving individual and family human needs. Resources listed in 'Services' link.

#### CHIP

PA Children's Health Insurance Program
 Call automated phone line at 800-986-KIDS (5437) and a CHIP representative will return your call within two business days.

Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

#### Pregnancy Insurance

 Presumptive Eligibility (PE), Medical Assistance (MA)
 Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.

PA Dept. of Human Services Benefits Helpline

1-800-692-7462

PA Dept. of Human Services County Assistance Office Contact Information

- COMPASS (PA Dept. of Human Services) [Website]
   Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.
- O PAHealthOptions.com (PA Dept. of Insurance)
  The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.
- text4baby
   Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.
- WIC
   Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy.

   WIC provides nutrition service, breastfeeding support, health care and social service

referrals, and healthy foods to over 250,000 participants every month in PA.

Lead health information for parents, homeowners, contractors, and healthcare professionals

The Lead Information Helpline – 1-800-440-4323

- <u>Elevated Lead Blood Level Case Management Guidelines</u> [CDC Web Page]
   Recommendations from the CDC Advisory Committee on Childhood Lead Poisoning Prevention.
- Environmental Protection Agency, Lead

[EPA Web Page] (800) 424-5323

PA Lead and Healthy Homes Program [Website link] (717) 772-2762
 The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to create safe and healthy housing by addressing environmental health and safety issues in homes. Program contact list provided by County.

- Certified Contractors
  - Locating EPA Certified Lead Contractors and technicians
    - EPA.gov Lead
    - PA Labor and Industry

Link to list of accredited trainers and certified contracting firms.

- Information for Contractors
  - EPA Lead

Renovate Right for Contractors and Trainers

PA Labor and Industry

Certification and Other Requirements for Lead Occupations

OSHA

For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.

#### **Property Managers**

#### HUD – Lead Disclosure Rule

Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

### Individuals with Traumatic Brain Injury and their families The Head Injury Information Helpline – 866-412-4755

Brain Injury Association of Pennsylvania

1-800-444-6443

Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, referrals and research. [E.g. - see 'Resources' 'Transportation' link on website for transportation referrals.]

## PA Department of Health Head Injury Program

Head Injury Program

866-412-4755

The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.

#### Waiver Programs

Independent Enrollment Broker

788-550-4227

Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.

COMMCARE Waiver

1-800-753-8827

A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).

**OBRA** Waiver

1-800-753-8827

Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.

- Other Information
  - Acquired Brain Injury Network of Pennsylvania info@abin-pa.org, 1-800-516-8052 Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.
  - Brainline.org 703-998-2020 Preventing, treating, and living with traumatic brain injury (TBI).

### Immunizations/Vaccinations

PA Department of Health Beaver/Butler County Health District

724-774-1385

877-724-3258

The Department supports outreach, education, prevention and treatment services across a variety of program areas. Grants and subsidies to community-based groups are used to provide essential services to the Commonwealth's citizens including programs for women and children, nutrition, immunization, diagnosis and treatment of certain blood and communicable diseases, cancer control and prevention, and the prevention and treatment of substance abuse.

- PA Department of Health Division of Immunizations
  - Division of Immunizations 717-787-5681 Pennsylvania Vaccines for Children Program 888-646-6864 Free vaccines for uninsured children
- PA Department of Health, Health Services Locator [Website] To find a local health center close to you select your county.

# Legal advocacy for the disabled in Pennsylvania

Disability Rights Network of Pennsylvania

Harrisburg 1-800-692-7443 717-236-8110 717-346-0239 [TDD] Philadelphia 215-238-8070

Pittsburgh 412-391-5225 The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

PA Health Law Project

1-800-274-3258

Helping People in Need get the Health Care they deserve.

Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

# Transportation Assistance for the Disabled

 Pennsylvania Care Planning Council Community Disability, Assistive Technology & Transportation Service

Website address

• PA Dept. of Human Services Medical Assistance Transportation Program

Beaver County: 724-375-2895; Toll Free: 800-262-0343

Brain Injury Association Transportation Resource List Part of the Brain Injury Association of PA

Website address

# Vocational Rehabilitation Assistance and Job Training for the Disabled

- Pennsylvania Department of Labor & Industry Vocational Rehabilitation Services Website The Pennsylvania Office of Vocational Rehabilitation, or OVR, provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.
  - OVR Office Directory Arranged by District Office and by Counties Served.